



Adapted Sports EXPOS

SportsNet's Adapted Sports EXPOS are designed to allow guests to spend time exploring a variety of the programs offered during the course of a year. Held in a gymnasium, EXPOS allow space to set up mini-arenas for sports such as Wheelchair Basketball, Sled Hockey, Adapted Cycling, Outrigger Canoeing, Golf, and Power Soccer. Guests are assisted in assessing their ability to use the adaptive equipment and are guided by skilled Therapeutic Recreation staff and volunteers in basic maneuvers of the sports.

"SportsNet EXPOS are an excellent way to try out the activities SportsNet provides all in one day! I strongly recommend that people try this out!"

"What better way to get an idea of whether or not you (or your family member, client, or friend) CAN or WANT TO do some of these things SportsNet offers! You never know unless you try it! I hadn't really thought about cycling until I heard about it while I was participating in an outrigger canoe program – now I'm hooked on both!"

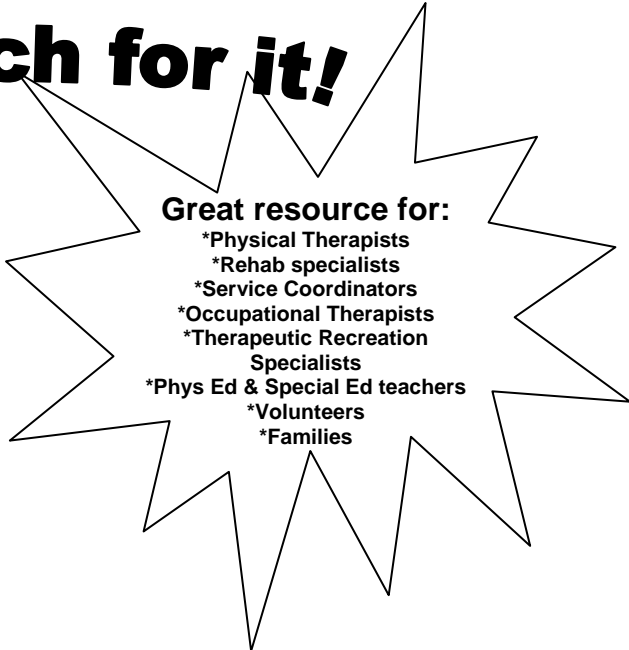
Go Ahead! Reach for it!

EXPO Dates

February 17, 2010	5:00-8:00PM
March 24, 2010	11:00AM-2:00PM
April 14, 2010	5:00-8:00PM
May 8, 2010	10:00-1:00PM

EXPOS will be held at the Al Sigl gym at 1000 Elmwood, Door #1

Contact: Anita O'Brien, SportsNet Supervisor,
1000 Elmwood, Suite 600 Rochester NY 14620
Call (585) 271-1894 x742 Fax (585) 442-6883
aobrien@rochesterrehab.org



COMPLETE AND DETACH THIS RSVP AND MAIL OR EMAIL INFO BACK TO US! KEEP TOP PORTION FOR YOUR RECORDS!

RSVP for attending the EXPO of your choice!

Name _____

Please save a space for me for the EXPO below:

Email _____

_____ February 17, 2010 RSVP by February 10

Address _____

_____ March 24, 2010 RSVP by March 17

Phone # _____

_____ April 14, 2010 RSVP by April 7

Number of guests you will bring _____

_____ May 8, 2010 RSVP by April 30